



## Silent Victims of Crime's Newsletter



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#### **UPCOMING EVENTS**









Winter Holiday & New Year **Celebration South Carolina** A Celebration at Skateland with a tablet giveaway and gift cards

January 14th, 2023

The Children of Incarcerated Parents

January 21st, 2023 Skateboarding at Skateboard An afternoon of skating at Miami's largest skate park, SkateBird

#### January 21st, 2023 ArtSouth's Art Behind Bars Exhibition

A rare opportunity to see the artwork of inmates from the Everglades Correctional Institution. Proceeds go to SVC

March 11th, 2023 International Poker Tournament A night of fundraising filled with poker games, good food, great entertainment and fantastic company



# **Christmas In Custody** Dr. Rafael Alalu, Psy.D. Prison Reform Advocate

Children feel completely forgotten during the Christmas season when a parent is in prison. Whether this is the first holiday season since the parent's incarceration or one of many, kids may be struggling with feelings that are often difficult for them to talk about. Solo parents and caregivers are often dealing with their own extra stressors at this time of year, including financial pressure and sad feelings of their own. But, there are coping strategies that can help lessen the burden & pain.

First and foremost, you need to take care of yourself. If you neglect your own well-being, you won't have anything to give your family. It's important to let your children know you're available to talk, but be willing to give them some space if they want it. Ask for your children's input on anything about the holiday season that is within the family's control. Making the time to research local and national resources for families with incarcerated parents may help with holiday gifts.

One of their parents is away, but you are not. It is important to recognize and celebrate the connection that you have with your kids and to give yourself credit for doing the best you can in this important role. Nothing can replace an absent parent. However, the coping strategies mentioned above can serve as a tool for the family on how to effectively deal with adversity during the holidays.

It's important to instill, reinforce, and model the importance of focusing on the positive. Take time to celebrate one another. If these tools prove to be insufficient, consider offering to connect them with a counselor or other skilled and trusted adult.

At Silent Victims of Crime, our life's work is the dedication to the children and families of incarcerated parents. Happy Holidays.

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#### JULY 6TH-29TH 2022

# SOUTH CAROLINA STEM SUMMER CAMP

**Lesson:** Learning can also happen while having fun. **Goals:** Be independent, and develop creative and critical thinking, problem–solving, and

In South Carolina, this CREST STEM Camp strives to make a difference in the lives of children by creating a safe environment that allows children to build leadership skills, discover new talents, make new friends, and experience the adventure of a lifetime. The campers had the chance to learn valuable skills through S.T.E.M. that can translate to future career opportunities.

Week 1 focused on H2O and the importance of irrigation science and water management, while week 2 inspired the kids to consider future career opportunities in air transport with campers launching their own rockets, planes, lava lamps, bird feeders, and exploding volcanoes.

Week 3 explored different ways to make ice cream from scratch followed by an ice cream celebration. Week 4 focused on engaging kids in STEM activities using robotics, construction and building, and more. Lastly, the campers competed in the inaugural "CREST Robot War Competition!" In the end, they all prevailed. Thank you to everyone who took part!



#### JULY 17TH 2022

# FAMILY FUN DAY AT MOTIVATIONAL EDGE

**Lesson:** Having fun together makes a family stronger **Goals:** Self-assurance, interpersonal relationships, teamwork.

The children and their caregivers came out for a family fun day. The children shot hoops on the court while the littlest ones jumped around in the bounce house. We served pizza and pastries to everyone for lunch. The popsicles helped the kids cool off after playing outside all afternoon. Inside, some of the girls danced around while others were drawing or coloring. Everyone appreciated the extra time spent with family.

## JULY 31TH 2022 ICE SKATING, BOWLING, AND BASKETBALL

**Lesson:** Mind and body health and wellness: a headstart for success

**Goals:** Good choices, self-assurance, explore, release fears.

Everyone got together at the Scott Rakow Youth Center, a multi-faced facility that houses an ice skating rink, outdoor swimming pool, six bowling lanes, gymnasium and much more! We first started off with skating around the rink. The littlest ones had fun too using supports to help them with their balance. After that, we shot some hoops and played basketball. We ate delicious catered food, like chicken with rice and beans. Some headed to the lanes to bowl while others stayed in the rec area to play on the pool tables. Everyone exploring the many ways to keep up with their mind and body wellness.







## AUGUST 6TH & 13th 2022 BACK TO SCHOOL SUPPLIES

**Lesson:** Learning is always in style. **Goals:** Become independent, and make good choices.

SVC headed to the Perez Art Museum to pass out free backpacks, school supplies, and even free games and toys! The following week, at Mana Wynwood Convention Center, another back to school event was held to pass out more free backpacks and school supplies. The kids were also served yummy catered food. Everyone was ready to head back to school in style!



## AUGUST 27TH 2022 ROLLER SKATING IN SOUTH CAROLINA

**Lesson:** When you have healthy fun, you always win. **Goals:** Release fears, explore, become independent, and make good choices.

The children and their caregivers came out to the Skateland Fun Center in South Carolina. The kids skated around the rink in colorful roller skates while listening to music. Others took to the arcade to win lots of tickets and prizes. For dinner, everyone was served Little Caesar's Pizza, chips, and soda. For dessert, the kids and their caregivers were served cupcakes. As always, everyone enjoyed family time playing around the skate center with their loved ones.

# AUGUST 12TH 2022 A DAY WITH GEORGIA STATE UNIVERSITY

**Lesson:** Education is the key to success. **Goals:** Become independent, make positive decisions, self-assurance.

SVC in South Carolina loaded all the kids up in the bus and headed to Georgia State University! After a bit of a drive and a few naps, everyone finally arrived to campus. With a campus that boasts over 52,000 students on a 110 acres, the kids had a lot of ground to cover. After putting on their orange safety vests, they hopped on the university's scooters and got to exploring.

The kids were able to check out the university cafeteria and try out the various food options, like pizza, Boar's Head sandwiches, and chicken bowls. With the university's mascot being Pounce the Panther, everyone played a fun game of Panther Bingo then headed over to an interactive presentation that told the kids the requirements to get into the school and all of the fun majors. After this, they were all feeling inspired and sharing all the different things they wanted to do when they grew up. It was such a successful college visit!



JULY-DECEMBER 2022





#### AUGUST 28th 2022

## SWIMMING AT FLAMINGO PARK

**Lesson:** Save a life, it could be your own. **Goals:** Explore and release fears.

What better way to beat the Miami heat than a pool day! Flamingo Park is located in the heart of South Beach and offers multiple pools with lockers, lounge chairs, and sunbrellas. The kids had fun splashing around in the pool while others relaxed in the shade. This pool day allowed the children to strengthen their swimming skills and also learn about pool safety. The kids ate fresh salads and food followed by cake!

# SEPTEMBER 10TH 2022 **PAINTING FURNITURE**

**Lesson:** Be original, use your resources. **Goals:** Become more outgoing, and creative thinking.

The kids gathered here at the SVC offices to have an afternoon filled with art and painting. The Art of Furniture (TOAF) is a unique art project designed to promote art and education and create relationships between visual/digital artists and young students that drive collaborations within the community. TOAF is part of our global initiative with tech+ed+x. The furniture will go on tour around City Furniture stores to be featured on display over the next year.

# SEPTEMBER 17TH 2022

**Lesson:** Win or lose, sportsmanship and teamwork matter the most.

Goals: Teamwork, explore, release fears.

The kids got together to play some volleyball in the gym at Gulliver Prep. It didn't matter whether you were experienced or just a beginner. We had a group of skilled volleyball players ready to teach. The kids started with a warmup and learning basic volleyball moves. It began with just practicing tossing the ball up against the wall before it moved to the court to play a real game. The day eventually ended with a tablet give away.

### OCTOBER 1ST 2022 MUSEUM OF ART AND DESIGN

**Lesson:** I am unique and special. **Goals:** Explore, release fears, self-assurance, and develop creativity.

The kids went to the Museum of Art and Design, a contemporary art museum at the historic Freedom Tower in Downtown Miami. The kids had the opportunity of taking part in artistic activities lead by artist Asser Saint-val. . While many of the kids played group games together, the lesson of the day highlighted the importance of everyone's individual uniqueness. The kids used their creativity to put together array of colorful and special art pieces. Some of the beautiful art pieces have been put on display here inside the offices of SVC for visitors to see!







### OCTOBER 27TH, 2022

## SKATEBOARDING AND GIVEAWAY

**Lesson:** The only way to learn is to do. **Goals:** Explore, release fears, self-assurance, and develop creativity.

The new skate park, SkateBird Miami, hosted our kids for an afternoon of skating and giveaways. The kids were able to practice skateboarding and having fun rolling around the 12,000 square foot park, but safety first! A giveaway took place that provided the kids with helmets and even skateboards of their own! The giveaway skateboards had cool design and colors that made everyone very excited to keep practicing.

## October 30TH 2022

## PROGRAMMING ROBOTIC SPHEROS

**Lesson:** Technology is fun and helps mankind. **Goals:** Critical and creative thinking, problem–solving, and teamwork.

SVC received a donation of 11 robotic spheros from Facebook. These spheros are programmable robots and can be controlled with a tablet or phone to change color, their movement, and play different missions. The kids had fun learning how to program technology and moving the spheros all around the room. Afterwards, the kids made futuristic costumes that involved decorating different kinds of masks with paint, feathers, and all different kind of art supplies. Some kids went outside to play basketball while others did more intense workouts. Others sat down to practice meditation and draw. Food was catered and two big birthday cakes were lit for everyone to celebrate. At the end, new shoes were given to those that needed them.



#### NOVEMBER 21ST, 2022

# TURKEY TROT: THANKSGIVING GIVEAWAY

**Lesson:** Feeding others is a great way to express thankfulness. **Goals:** Empathy, self-assurance.

Thanksgiving is a time to focus on spending time with loved ones and being thankful. On Monday, just a few days before Thanksgiving, food was delivered to our SVC families. This was a group effort and could not have been done without help from the Little Lighthouse Foundation and Jean Polo. Half of the turkeys were donated by Jean Polo while Little Lighthouse donated all of the amazing side dishes. Along with our volunteers here at SVC, volunteers from Little Lighthouse, and Jean Polo, turkeys and dishes were delivered right to the door of all of our families houses. Everyone was so grateful and excited to spend Thanksgiving surrounded with family and food.



JULY-DECEMBER 2022

# HAPPY HOLIDAYS AND NEW YEARS FROM OUR FAMILY TO YOURS!



### December 11th, 2023

**Lesson:** Practice makes perfect. **Goals:** Explore, resiliency, selfassurance, and release fears.

In a huge turnout, our SVC families came together to celebrate the holidays and New Years. Ice-skating boosted the holiday spirit, while outside, arts and crafts were supplied to let creativity shine. Our generous donators gave basketballs, hoodies, and Hasbro games that we gave to our families. All of our volunteers also made this event very special. Most importantly, the joy of shared experiences strengthened the appreciation for extra time with our loved ones.



# SAVE THE DATE ARTSOUTH'S ART BEHIND BARS EXHIBITION THAT BENEFITS SILENT VICTIMS OF CRIME



ArtSouth and the Village of Palmetto Bay Presents

Art Expressions

### Everglades Correctional Institution Art Dorm

Saturday, January 21, 2023 6:30pm-8:30pm

Art Reception/Refreshments will be served

ARTSOUTH GALLERY Historic Perrine Community House at Palmetto Bay 900 Perrine Avenue Palmetto Bay, FL

\*Proceeds from all sales will benefit Silent Victims of Crime: Children of Incarcerated Parents

> Website: www.artsouthmiami.org Contact us: info@artsouthmiami.org

Be amongst the first guests given a rare opportunity to view the works of the artists from Everglades Correctional Institution art dorm. On January 21<sup>st</sup>, ArtSouth will reveal the amazing body of work created by incarcerated male artists who live within a one-of-a-kind Visual Arts Dormitory located in the only incentivized prison in Florida. When the holiday season ends, many disenfranchised people are forgotten. Proceeds from this event will benefit the children of inmates of Silent Victims of Crime.









# Silent Victims Of Crime

The Children of Incarcerated Parents



# DONATE OR VOLUNTEER

None of this work is possible without the donations of our supporters and the work of our volunteers. All contributions are deeply appreciated and help us to reach more children of incarcerated parents, one of the most underserved and overlooked populations in our communities.

Find information on how to donate to us through PayPal on our site.

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